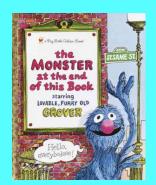




The Monster Parade by Wendy O'Leary



The Monster at the end of this Book by Jon Stone



Shady Baby Feels: A Book of Emotions by Gabrielle Union-Wade & Dwayne Wade Jr.

The Expression on my Face

The expression on my face, Is like an open book.
You can read just how I'm feelin', By the way I look.

Show me HAPPY face Show me a SAD face Show me a MAD face Show me a TIRED face Show me SCARED face Show me a SILLY face

The expression on my face, Is like an open book. You can read just how I'm feelin', By the way I look.

Breathe In and Out by the Kiboomers (to the tune of "Twinkle Little Star")

When I'm feeling scared or sad Worried, anxious, stressed or mad All I have to do is Breathe B-R-E-A-T-H-E (Take a slow breath in and out) Big breath in and big breath out B-R-E-A-T-H-E (Take a slow breath in and out)

Repeat

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