

Using an antigen self-test.

Get quick results for ages 2 and older in the privacy of your own home. Self-tests (also called over-the-counter or at-home tests) are an easy, low-cost option.

1. Carefully read all test kit instructions before you start the test.
2. Swab both nostrils for a total of 30 seconds (about 15 seconds per side).
3. Read test card results. Times for test card results vary, check:
 - a. **CareStart** or **On/go** tests after 10 minutes but before 15 minutes.
 - b. **BinaxNOW** tests after 15 minutes but before 30 minutes.
4. Test twice. Your second test should be 24–48 hours after your first test.
5. Share results with your healthcare provider. Report positive results to the COVID-19 hotline at (800) 525-0127.

Are you a business?

Employees must voluntarily share test results with you. You cannot require employees to share results unless you have a CLIA waiver. Learn more about [offering antigen self-tests to your employees](#).

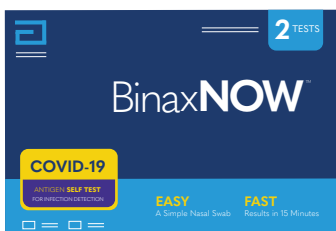
When to test for COVID-19?

Test if you have symptoms, even if you are fully vaccinated. It's easy to mistake COVID-19 symptoms as allergies or the common cold.

Test if you have been around someone with COVID-19. It is best to get tested 5-7 days after the last potential exposure. If you are not fully vaccinated, also test right after you are exposed.

Not fully vaccinated? Test before and after you attend an event, gather or travel.

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Learn more at tpchd.org/gettested



Tacoma-Pierce County
Health Department
Healthy People in Healthy Communities



Test to protect

Help protect your friends, family and co-workers.

Testing helps prevent the spread of **COVID-19** and protect those around you.

Request a home test from scanpublichealth.org.

- **Free** and delivered to your home.
- Available to people of all ages in Pierce County with symptoms.

Visit your local library for a home test kit.

- **Free**, no library card needed.
- Pierce County Library System (253) 548-3300
- Tacoma Public Library (253) 280-2800
- Puyallup Library (253) 841-5454

Find a testing site near you at tpchd.org/gettested.

- **Free** and available to all.

Need help finding a test?

Contact us at epitesting@tpchd.org or (253) 649-1247.

Learn more at tpchd.org/gettested.



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